

Carrie L. Wilbert, M.S.
The University of Iowa
Department of Rehabilitation and Counselor Education
Counselor Education & Supervision Program
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Career Summary

Carrie is an experienced counselor with degrees in psychology, rehabilitation and addiction counseling, and is currently a doctoral student in Counselor Education and Supervision. She has experience as a teaching assistant for undergraduate as well as graduate level counseling courses and a research assistant on various qualitative projects. Carrie's research interests focus on elevating the needs of peoples who are underrepresented and marginalized, especially those who are deaf and hard of hearing, in the field of counseling.

Education

Doctoral Student, The University of Iowa. Degree Area: Counselor Education and Supervision.

M.S., St. Cloud State University, 2018. Degree Area: Rehabilitation and Addiction Counseling
GPA: 4.0
Master's Thesis: *Case conferencing reduces occupational stress in vrs interpreters: A qualitative study.*

B.S., Northwestern University, 2001. Degree Area: Psychology

Professional Positions

Clinical Internship. Murray, Wilson and Rose, Counseling and Behavioral Services, LLC., Hiawatha, Iowa; Susie Murray, supervisor. Provide individual and group mental health counseling for adult and adolescent clients in a private practice setting. (August 2020 to May 2021).

Research Assistant. University of Iowa, Rehabilitation Counselor Education. Dr. John Wadsworth, supervisor. Provide administrative support and mentoring for rehabilitation counseling program and graduate students with ASL and Deaf Culture experience, funded through RSA/OSERS. (January to May 2020; August 2020 to May 2021).

Teaching Assistant. Rehabilitation and Counselor Education, Dr. John Wadsworth, supervisor. RCE: 4199 Counseling for the Related Professions. (August 2019 to December 2019).

Research Assistant. The Riley Grant Assistantship through the University of Iowa Labor Center, Iowa City, Iowa; Dr. Jen Sherer, supervisor. Assisted Primary Investigator in a qualitative research project to advance the needs of injured immigrant workers in the Iowa Worker's Compensation System. Responsibilities include writing and submitting the IRB, coordinating and conducting interviews, initial analysis of data, and written report of activities. (August 2019 to May 2020).

Crisis Mobile On-Call Counselor. Johnson County Crisis Center. Iowa City, Iowa. Crisis counseling provided to clients in their homes. (September 2018 to Present).

Research Assistant. University of Iowa, Rehabilitation and Counselor Education. Dr. Eboneé Johnson, supervisor. Assisted Primary Investigator in qualitative data analysis for project investigating the lived experiences of African American women living with HIV and two or more co-morbid health conditions. (August 2018 to July 2019).

Intern. State of Minnesota, Department of Labor and Industry, Vocational Rehabilitation Unit. St Paul, Minnesota. Provided rehabilitation counseling for clients in worker's compensation who were injured on the job. (January to May 2018).

Graduate Assistant. Rehabilitation and Addiction Counseling Program. St. Cloud State University. Advanced to lead graduate assistant in second year. Provided programmatic coordination for 8 graduate assistants; co-coordinated the ABILITY Event Conferences, assisted with administrative tasks, masters counseling program recruitment; and teaching assistant for three courses. (August 2016 to May 2018).

Video Interpreter. ZVRS Video Relay Service. St. Paul, Minnesota. Initiated and led case conferencing ethical decision-making workshops; received exemplary reviews in providing video relay interpreting services (April 2006 to Present).

ASL/English Interpreter in Private Practice. Carrie L. Wilbert Interpreting & Consulting Services. Provides rehabilitation counseling services for the Veteran's Administration in Iowa. Provides interpreting and accessibility coordination services for a variety of clients who are Deaf, DeafBlind and hard of hearing in a myriad of settings including business, medical, mental health and conference interpreting. Consult on disability accommodation and accessibility needs. (September 1989 to Present).

Licensures and Certifications

Certified Rehabilitation Counselor, Commission on Rehabilitation Counselor Certification. #00323753 (March 2018- March 2023).

Licensed Sign Language Interpreter, Iowa #091471. (July 2018-Present).

Nationally Certified ASL/English Interpreter, Registry of Interpreters for the Deaf, Certification of Interpretation (CI), (1995); Certificate of Transliteration (CT) (1996); National Interpreter Certification (NIC), (2011). (December 1995 to Present). #17539.

tLMHC, Temporary Licensed Mental Health Counselor, Iowa, #099081. (July 20, 2020-July 20, 2023).

RESEARCH AND SCHOLARSHIP

Journal Articles

Wilbert, C. L., Lund, E. M., & Johnson, E. T. (under review). Qualitative exploration of case conferencing and occupational stress with video relay sign language interpreters.

Presentations

Invited Presentations

Wilbert, C. L. *Case Conferencing: Ethical decision-making*. Workshop, Z Video Relay Service, Professional development presentations for ZVRS Interpreters in MN, SD, TX, NE, KS, IN, AZ, & FL (April-August 2017).

Malcolm, K., & **Wilbert, C. L.**, *Reflective Practice Facilitator Training*, CATIE Center, St. Catherine University. Workshop series providing online professional development for sign language interpreters leading supervision groups (January-November 2015).

Refereed Presentations

Kim, J., Han, E., **Wilbert, C. L.** *Broaching international students: Benefits for the field and for supervisor-supervisee relationships*. North Central Association for Counselor Education and Supervision (NCACES). Workshop accepted for the 2020 conference in Omaha, Nebraska but not presented due to COVID-19 conference cancellation. (October 15-17, 2020).

Wilbert, C. L., & Dalen, J. *Employing multicultural competency and social justice in counseling with clients who are deaf and hard of hearing*. Workshop presented at the American Counseling Association—Iowa Chapter, Grandview University, Des Moines, IA. (September 20, 2019).

Refereed Poster Presentations

Johnson, E., **Wilbert, C. L.** *Vulnerable populations: Identifying the needs of aging African American women with HIV multimorbidity*. Poster Presentation, National Conference of Rehabilitation Educators, Spring Conference, originally scheduled for San Diego, CA but due to COVID-19 rescheduled to an online format (September 2020 – February 2021).

Wilbert, C. L., Simon, T., Johnson, E. *“Give us a chance”*: Recommendations from African American women living with HIV multimorbidity. Poster Presentation, National Conference of Rehabilitation Educators, Spring Conference, originally scheduled for San Diego, CA but due to COVID-19 rescheduled to an online format (September 2020 – February 2021).

Wilbert, C. L. *Counseling clients who are deaf and hard of hearing requires critical action.* Poster Presentation, National Conference of Rehabilitation Educators, Spring Conference, San Diego, CA (April 18, 2019).

Wilbert, C. L., Vesely, B., Knopf, A. H. *Treatment recommendations for adolescents with co-occurring substance use and mental health disorders who are deaf,* Poster Presentation, National Conference of Rehabilitation Educators, Spring Conference, Anaheim, CA (March 15, 2018).

Non-refereed Presentations

Wilbert, C.L., Laurion, R.L., Bell-Slater, T., Schwarzkopf, S., Feltman, J. *The hands behind the screen or the face in front of you.* Online workshop presented as part of the professional development series from ZVRS and Purple Video Relay Services. (June 25, 2020).

Wilbert, C.L., Dalen, J., & Davis, E. *Systems of Power I, A workshop discussion on privilege: The misuse and benefits in the interpreting world.* Presentation at a community referral agency, Hands Up Communications, in Cedar Rapids, IA. (August 24, 2019).

Wilbert, C. L. *Exploring case conferencing, ethical decision making & occupational stress.* Workshop presented at the Iowa Registry of Interpreters for the Deaf, Fall Conference, Des Moines, IA. (October 13, 2018).

Contracts, Grants, and Sponsored Research

Funded

Sign language interpreting access grant for The ABILITY Event Conference, St. Cloud State University, Sponsored by the Minnesota Commission Serving Deaf, Deafblind and Hard of Hearing, \$4,000 (*February 2018*).

Sign language interpreting access grant for The ABILITY Event Conference, St. Cloud State University, Sponsored by the Minnesota Commission Serving Deaf, Deafblind and Hard of Hearing, \$3,800 (*March 2017*).

Not Funded

University of Iowa Health Care and the Carver College of Medicine (UIHC-CCOM) internal funding grant for a small clinical or educational project for project *“Service providers’ perceptions of the injured immigrant experience in the Iowa Workers Compensation System.”* \$15,345.00 (*May 31, 2020*).

Scholarships and Professional Development

Funded

Mentimeter software program recipient. Awarded through a grant with Dr. Erin Barnes, University of Iowa, Rehabilitation Counselor Education Department, College of Education. (Spring, 2019).

Rehabilitation Studies Grant, Masters of Rehabilitation and Addiction Counseling, St. Cloud State University, Rehabilitation Services Association, Office of Special Education and Rehabilitation Services (*August 2016 – August 2018*).

Eugene R. Perkins and Lorraine Andrews Perkins Vocational Rehabilitation Scholarship, St. Cloud State University (*April 2018*).

TEACHING

Teaching Experience

Graduate Certificate in College Teaching: College of Education, University of Iowa. (2020).

Teaching Internship: University of Iowa, RCE: 5230:0001 School Counseling Program Leadership and Management. Fall, 2020. 3 Credit Course, 11 graduate students in school counseling.

Responsibilities: Assisted instructor with planning hybrid model of class taught during COVID-19; facilitated in person class on racial equity and leadership.

Teaching Internship: University of Iowa, RCE: 5222.0001 Counseling Children and Adolescents in Schools. Spring, 2020. 3 Credit Course, 11 graduate students in school counseling.

Responsibilities: Taught one weekly class in person and one on-line class. Graded participation/attendance; jigsaw assignments and reflections. Worked with instructor to plan coursework, then pivot when COVID-19 required the course to turn to online instruction and solicited feedback on teaching and grading.

Teaching Assistant: University of Iowa, RCE: 4199 OEXW. Counseling for Related Professions. Fall, 2019. 3 Credit Course, 40 undergraduate students enrolled in a variety of majors.

Responsibilities: Choose textbook, created course syllabus, responded to all student emails, graded all assignments and assigned final grades.

Teaching Assistant: St. Cloud State University, CEEP 675, Section 001 Research Methods, Spring 2018. 3 Credit Course, 21 graduate students enrolled in rehabilitation, rehabilitation and addiction, college and school counseling.

Responsibilities: Graded weekly assignments providing written and verbal feedback to master level counseling students. Feedback from class assignments were designed to prepare their final project, a formal research proposal composed of 4 article critiques, research question(s), literature review, and a methods section.

Teaching Assistant: St. Cloud State University, CPSY 101, Section 001/003; Applied Psychology, Fall 2017. 3 Credit Course, 90 undergraduate students enrolled in a variety of majors (e.g., psychology, business, undeclared).

Responsibilities: Graded weekly reflection assignments related to course content; class presentations on career counseling related to Krumboltz's' Happenstance theory; created extra credit written assignment and rubric for grading.

Teaching Assistant: St. Cloud State University, CEEP 668 Section 001 Counseling Procedures, Fall, 2017. 3 Credit Course, 21 graduate students enrolled in rehabilitation and rehabilitation and addiction counseling.

Responsibilities: Working with a second teaching assistant, provided coordination of students in a hybrid online synchronous course. Assisted in in-person and virtual observation and provision of feedback for graduate students' counseling microskills e.g., paraphrase, reflection and summarization of role modeling counseling sessions.

SERVICE AND LEADERSHIP

Current Professional Memberships

National

American Counseling Association – Student Member

Association for Counselor Education and Supervision/NCACES – Student Member

American Rehabilitation Counseling Association—Student Member

Chi Sigma Iota—Student Member

Registry of Interpreters for the Deaf – Certified Member #17539

State

American Counseling Association – Iowa Chapter, Student Member
Iowa Registry of Interpreters for the Deaf – Certified Member
Minnesota Registry of Interpreters for the Deaf – Certified Member

University

Interim President, UI-ARCA, University of Iowa *March 2019 – April 2021*
American Rehabilitation Counseling Association, Student Chapter

Professional Organization Offices Held

Minnesota Rehabilitation Association: Student Representative	<i>2016 - 2017</i>
Adjudicator, Ethical Practices System, Registry of Interpreters for the Deaf	<i>2015 - present</i>
President of the Board, Minnesota Registry of Interpreters for the Deaf	<i>2015</i>
Past President of the Board, Minnesota Registry of Interpreters for the Deaf	<i>2014</i>
Mediator, Ethical Practices System, Registry of Interpreters for the Deaf	<i>2000 - 2015</i>
President of the Board, Minnesota Registry of Interpreters for the Deaf	<i>2000 - 2002</i>
Historian, Minnesota Registry of Interpreters for the Deaf	<i>1996 - 1999</i>
Conference Planning Committee member, Minnesota Registry of Interpreters for the Deaf	<i>1995 - 1997</i>

Other Service

Ethical Decision-Making Coach, Senior Interpreting students at St. Catherine University, St. Paul, MN., Department of ASL and Interpreting Studies.	<i>2006 -2018</i>
Assistant Coordinator, The ABILITY Event Conference, St. Cloud State University.	<i>2016 - 2018</i>
Initiated and coordinated two “Listening Sessions” to improve relationships between members of the MRID Board, Deaf, Interpreter and LGBTQIA+ Communities.	<i>2015</i>
Creation of innovative monthly accessible videos in sign language providing MRID updates to the state of Minnesota, Deaf and Interpreting communities.	<i>2015</i>
Minnesota Department of Education (MDE) Taskforce Committee Member for the Educational Interpreters’ Licensure Revisions, as President of Minnesota Registry of Interpreters for the Deaf (MRID).	<i>2015</i>
ASL Interpreter Stakeholder Coordinator, coordinated grassroots efforts to lobby members of the Minnesota Hospital Consortium to improve services provided to Deaf, Deafblind and hard of hearing patients.	<i>2013 - 2014</i>
Deaf Culture Salon Coordinator Chair, St. Paul, Minnesota, community initiative to bring training and topics of interest to the Minnesota	<i>2008 - 2010</i>

Deaf community including “Get out the Vote”.

Assisted stakeholder committee organized to pass legislation requiring national certification for K-12 Educational Interpreters in Minnesota

1999 - 2001

Awards and Honors

Dr. William “Bill” Downey Scientific Poster Presentation Award, 2nd place National Council for Rehabilitation Education. (*March 2018*)

Community Service Award

Minnesota DeafBlind Association: DeafBlind Interpreter of the Year Award (*October 2010*).

References Available Upon Request